BOYS			9/10yr	11yr	12yr	13yr	14yr	15yr	16yr+
400m Freestyle		UPPER	5.11.90	4.52.90	4.33.7	4.20.6	4.12.0	4.04.1	4.02.2
400m IM		UPPER	5.56.9	5.31.8	5.10.1	4.49.5	4.40.0	4.34.2	4.28.3
1500m Freestyle		UPPER	20.10.5	18.59.9	17.57.5	17.18.7	16.29.7	16.11.5	15.57.6
800m freestyle		UPPER	10.34.2	10.02.0	9.24.3	9.06.0	8.39.4	8.33.6	8.17.8

GIRLS			9/10yr	11yr	12yr	13yr	14yr	15yr	16yr+
400m Freestyle		UPPER	5.14.7	4.53.6	4.40.1	4.31.3	4.23.5	4.21.0	4.17.9
400m IM		UPPER	5.59.1	5.27.8	5.15.8	5.01.8	4.55.5	4.50.9	4.50.0
800m Freestyle		UPPER	10.59.0	10.02.6	9.34.8	9.15.7	9.05.8	8.58.2	8.54.1
1500m Freestyle		UPPER	21.51.7	19.47.0	18.24.6	17.38.2	17.35.1	17.31.8	17.28.6