



CHASE SWIMMING CLUB

Affiliated to West Midland Region & Staffordshire Swim England

'I have been a competitive swimmer with Stafford Apex for ten years and club captain for three. I achieved numerous county and regional (Midlands) finals and medals along the way.

Last year I took my swimming to Swansea University where I developed as an athlete and a person. Swimming under Swansea Aquatics I achieved further personal bests and Welsh national medals. This is where I learnt most of my coaching techniques too. Over the course of my career I have had the opportunity to train with GB swimmers such as Daniel Jervis and Tom Derbyshire.

Over the last year I have been mentored by Swim Wales and GB coaches to go alongside what I have learnt at Stafford Apex. I have been coaching swimmers of all ages and standards over the past couple of years, including Commonwealth finalists and national age-group medallists.

I am very ambitious, motivated and determined to get the best out of this opportunity using structured methods to create success. I feel that I am more than ready to have this responsibility and do the best for everyone at Chase Swimming Club.

Thank you for your warm welcome.

Paul'

Chair: Gail Surrell / Secretary: Alison Buick

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