

NEWSLETTER OCT 23

Welcome to our third Chase Swimming Club newsletter of 2023. Through the production of this newsletter, we hope to provide parents, swimmers and volunteers with relevant and topical information on a more regular basis.

A good club is one where there is a team effort from parents, club supporters, teachers and coaches. We are looking forward to working with you this season to make Chase Swimming Club a success for everyone involved.

Message from the Chair

Chase Club Champs 2023

Chase Autumn Roebuck 2023

Starts and Finish Course

Frequently Asked Questions

Dates For Your Diary



Dear Members

What an amazing weekend we had during our Autumn Roebuck 2023. These weekends are always hard, tiring and hot, but most of all amazing to watch how well all the swimmers do when competing in their events and how we all pull together as a team.

This followed our Club Champs which has enabled swimmers to gain further qualifying times for Staffs Counties and Summer Regionals. I hope swimmers have starting ticking these times off. If you haven't already, don't worry we still have Wolverhampton Open meet, Roebuck Distance and Newcastle.

Personally, I have done a lot of learning over these past couple of months. The clubs experienced parents who knew the sports system (which runs our Roebuck meets) left, which meant a bit of triple hatting for me and quick learning on the go. Club Champs pushed me to my limit with taking a lane out, but then getting the ages wrong for our Roebuck meet was another level. With the support of a great team and lots of help off from Gary (Head Coach) from Wolverhampton, we made it.

Our order for the new poolside t-shirts has gone in and finally all parents will be able to purchase the new external club kit online in time for Christmas delivery. We will also start collecting orders for the yellow bags soon.

We have completed our first two leagues, Staffs League and Arena League, finishing 2nd in the Staffs League and 7th in the Arena League. Give yourself a massive pat on the back swimmers you were amazing!!

Finally, we have managed to secure some dates at Loughborough Uni to train in the 50m pool. If you haven't already please contact Mark Soulsby to secure your place.



The National Arena Swimming League

Club Champs & Roebuck 2023



Chase SC Club Champs always marks the start of the new swimming season. It is a Level 4 meet so swimmers can use this meet to qualify for Counties in 2024. However, the main reason we have Club Champs is to bring the whole club together from Learn to Swim all the way up to Seniors. It is for team building and to have lots of fun! We have been holding Club Champs under the same conditions for years and the committee will be keeping these conditions for many more.

The swimmers have never been given the times on the night but you can see these when uploaded to the ASA rankings on Swim England.

Club Champs is always followed by a presentation evening where all trophies and awards are presented to swimmers who have taken part. Nobody will go home empty handed!

The evening is to celebrate all swimmers and receiving times and points prior will spoil the surprise. As with any competition, you've got to be in it to win it!



What great results we had in and out of the pool. Club Champs is always an amazing opportunity to fundraise and this year was no exception. Due to the hard work of our newly formed fundraising committee we have a full plan of what we need to raise money for this year. The prizes for the raffle were amazing and down to the hard work of those in this group.

Massive thanks go out to Amy, Elizabeth, Emma, and Clare who were clearly #girlboss and successfully raised £2,600. This has covered the order for our new poolside t-shirts which have already been ordered.

Not forgetting our new resident DJ Tickle who did an amazing job of announcing, which is a job nobody clearly wanted to do. Thanks Alex you have been great!



Another Roebuck under our belt in 2023. A very successful weekend where we saw two of our senior boys and one of our junior boys winning top boy. Luke Colling 16+, Caden Wickstone-Sutton 15 and Alistair Dyer 9. Well done boys brilliant effort. Let's congratulate all our swimmers who represented Chase in the best way, great behaviour and the best dancing as always!

Thank you to all the volunteers who helped throughout the weekend. We welcomed back Michelle Brookes our membership secretary who announced for us on the Saturday. Eloise Brookes finished swimming for Chase last year so Michelle we thank you for your continued commitment to helping chase. We also welcomed back Andy and Velda Cooke. Beth also finished swimming with us this year, so a great big thank you for Andy and Velda's continued commitment to the club and everything they also do behind the scenes.

Redditch swimmers were amazing and took home the top attending club prize and showcased some great swimming. We are now on the count down for our Roebuck Distance meet in November and as always we will be asking for volunteers to help. Whatever time you can offer please let committee know.



Start and Finish course

Chase SC are happy to announce that the Competitive Start and Finish course is back!

The Swim England competitive start award is designed to create safety for the swimmers in performing a good competitive start. The standard of starts taught during this course are required when competing in any galas or open meets. During this course swimmers will start off by doing the preliminary start award which then usually lasts about 6 weeks depending on the swimmer's previous knowledge and ability. If at the end of the course the swimmer has not reached the required standard, they can repeat the course again in the future as many times as required.

Swimmers will be selected by their coach and will bring home a letter that details the length of time they need to complete this course. Swim England certificates will be awarded on completion.

Our first course starts on 1st November 2023 and will take place in the pit pool at Chase Leisure Centre, Cannock on Wednesday evenings 7-8pm.



FAQ's - When does my swimmer start to compete

FAQ's – Competitive Swimming – what does it all mean? Guide for parents and swimmers new to the sport

For a swimmer to compete at an event, they will usually have to be at least 9 years of age, either on the last day of the competition or by the end of the year (depending on the licence granted for that event).

When swimmers are of the age, coaches will discuss with the swimmer when it will be appropriate to enter events. Swimmers ultimately aspire to test themselves against the best in the sport, so will seek to target meets to qualify into County, Regional, National standards and beyond, in their careers from the age of 9. County competitions can be entered from age 10 and Regional Competition from age 11 (age taken from the end of year in which the competition takes place). National events can be entered from the age of 12 for girls and 13 years for boys.

This is a new section that will attempt to help parents navigate the competitive swimming world with a different subject explained each month. If you want to understand a specific subject please email information.chasesc@gmail.com and see it feature in this section.

Level 3 or 4 events will normally be (but not always) age on last day of meet, this is at the discretion of the promoter of that meet so could sometimes be age at end of the year. For any other higher meet which will be a Level 2 or 1 event, the age will always be age at the end of the year.

Level 3 or 4 events will normally be your Club Champs meets, Small League events or most Club open meets.

Level 2 or 1 meets are normally your Regional and National events.



Masters



September saw the start of Chase SC Masters section and what a success it has been! We now have a confirmed six new members with new trials still taking place.

Congratulations to John Dyer who swam at the West Midlands Swimming Masters Championships. Swimming in the 44-49 age group. John won the GOLD in 200m Breaststroke and SILVER in the 100m and 50m Breaststroke. I hope to see more of our Masters joining John in the next Masters event.

Anybody can join so if you are interested please email masters.chasesc@gmail.com

2023						
	Event	Location	Level	Squads	AM/PM/All Day	
Winter Regional times must be achieved from 1/9/22 - 18/10/23 @ a Level 1,2 or 3 meet	September					
	2					
	3					
	9					
	10					
	16	Club Champs	Cheslyn Hay LC	4	All Club	PM
	17	Club Champs	Cheslyn Hay LC	4	All Club	PM
	23					
	24					
	30	Roebuck Autumn Meet	Wolverhampton LC	3	All	All Day
Entries Open 01/10/2023	October					
	1	Roebuck Autumn Meet	Wolverhampton LC	3	All	All Day
	7	Staffs League Round 3	Stafford LC	NA	Selected Team	PM
	8	National County Team Champs	Sheffield Ponds Forge	2	Selected Swimmers	All Day
	14	Arena League Round 1	Braunstone LC	4	Selected Team	PM
	15					
	21	City of Birmingham Open Meet	Ladywood LC	2	Seniors - Qualifying Times	All Day
	22	City of Birmingham Open Meet	Ladywood LC	2	Seniors - Qualifying Times	All Day
	28					
	29					
Winter Nationals Closing date 22/11/23 12pm	November					
	4	Winter Regional Championships	Sandwell Aquatics	2	Qualifying only	All Day
	5	Winter Regional Championships	Sandwell Aquatics	2	Qualifying only	All Day
	11	Arena League Round 2	TBC	4	Selected Team	PM
	12	Roebuck Distance Meet	Walsall Gala Baths	3	All (Recommended by Coach)	All Day
	18	Staffs League Final	Stafford LC	NA	Selected Team	PM
	19					
	25	Wolverhampton Open Meet	Wolverhampton LC	3	All	All Day
	26	Wolverhampton Open Meet	Wolverhampton LC	3	All	All Day
	December					
	2					
	3					
	9	Arena League Round 3	TBC	4	Selected Team	PM
	10	Yule in the pool - Newcastle	Jubilee Pool - Newcastle	3	All	All Day
	14-16	National Winter Championships	Sheffield Ponds Forge	2	Qualifying only	All Week
	17					
	23					
	24					
	30					
	31					

Dates for your Diary!